



## Acknowledge & Consent to Receive Services

In order to use Janelle's services, California state law requires that you acknowledge receipt of the information provided in this form and that you sign it. You will be provided with a copy for signature at your first visit if requested. Janelle will keep the original in her records for three (3) years.

- I have read and understand the above guidelines and disclosure about the services, treatments, and techniques offered by Janelle as well as her training and education.
- I will discuss with Janelle any concerns I have about the nature of the services that she will be providing.
- If I experience any discomfort during the session(s), I agree to immediately inform Janelle.
- I understand that Janelle is not a licensed physician or psychologist and that the alternative services that she will be providing to me are not licensed by the State of California.
- I understand that it is my responsibility to maintain a relationship for myself and/or child with a medical physician, psychologist, and/or any other licensed professional.
- I understand that Reiki® is not a substitute for medical treatment or medications. I am aware that Janelle does not diagnose illness or disease nor does she prescribe medications or recommend supplements. I understand that any suggestions that are provided to me are for entertainment purposes only and should not be taken as a diagnosis or recommendation against the advice of a licensed physician or mental health professional.
- I understand that any information provided by Janelle is for entertainment purposes only. It is my responsibility to determine what's best for my life path. I understand that Janelle is just the conduit for energy and release any and all liabilities.
- I have consented to use the services offered by Janelle, and I agree to be personally responsible for her fees in connection with the services provided. **I will provide at least 24hr notice for cancellations or will be responsible for 50% fee or if no notice is given 100% fee.**
- If requested, I have been provided with a copy of consent form and/or California Senate Bill SB-577.
  - Check Box for copy

Client Acknowledgment: I have read and understand the above disclosure regarding the Reiki® treatment(s) and any other services I will be receiving from Janelle Magdaleno. All personal information is accurate and up to date.

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Print Name of Client

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(Reiki Only) Minor: Name of Parent/Guardian

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Signature

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Signature

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Date

### **What is Reiki®?**

Reiki® is a Japanese relaxation technique. This energy healing is form of complementary health care practices, which have been found to enhance the body's ability to heal itself physically, mentally, and spiritually.

### **What Reiki® is not**

Your practitioner is not a licensed physician or psychologist and Reiki® does not require licensing by the state. They are meant to be a complement to “healing arts services licensed by the state”; i.e., they are a complement to traditional Western medicine provided by doctors, nurses, and other licensed medical professionals.

### **Theory of Treatment**

Stress, trauma and illness restrict the natural flow of ki (chi) or “life force energy” through the body. By restoring the flow of life force energy through the body, Reiki® rejuvenates the body’s ability to relax and, therefore, supports the body’s ability to heal itself. Although one session may be adequate for short-term relaxation, long-term imbalances in the body requires multiple treatments in order to allow the body to reach the level of relaxation necessary to bring the system back into balance. Improvement often requires commitment on the client’s part (e.g., willingness to make lifestyle changes) in order to fully benefit from Reiki® treatment(s).

### **Nature of the Services**

Provided during a Reiki® session, the client is asked to lie down. He/She remains fully clothed during the treatment session. The majority of the session will involve the practitioner holding his/her hands about 2-3 inches above the client’s body. If guided to do so, the practitioner will ask permission to place his/her hands on your body but only in a manner acceptable to you and within the legal limits of his/her practice as a Reiki® Practitioner. Once the session begins, the practitioner allows the life force energy to flow through his/her hands, which may be experienced by the client as heat, coolness, vibrating, tingling, a light pressure, a slight pulling sensation, or nothing at all. The Practitioner may also use other hands-off techniques, such as sweeping the body of unneeded energy or using vocal tones to break up energy blocks. Sometimes after a healing the client can go through a “cleanse” which could be experienced as anything from “feeling down” to “euphoria”. It is caused by blockages being released and our body detoxing and usually passes after a few days. The practitioner is simply a conduit or channel of the life force energy. It is believed that the energy is guided by God/Source/Spirit for the physical, mental, emotional, and/or spiritual well-being of the client. Therefore, a specific outcome cannot be guaranteed by the Reiki® Practitioner. It is always up to you how long you benefit from my services.

### **Readings**

During readings, I love to support people in their own journey by affirming that we are all able to directly connect to source energy and this infinite love is available to us always. I support clients by connecting them to “God/Source/Spirit” to give them a broader perspective on life. Interpreting the “language of Spirit” is not always easy, since they communicate through energy, sometimes things could be “lost in translation” or it might not always be the exact words Spirit is looking for. When this happens, the reading might not seem quite accurate and it is always up to the client to determine the best possible outcome for their life, I encourage clients to let me know when things don’t seem accurate. It could be that I’m just interpreting it a different way, Spirit hasn’t revealed everything yet, or there’s a blockage. Because free will plays such an important role in our life, possible outcomes are never guaranteed. Since the messages are coming from “God/Source/Spirit” I am only the messenger and cannot be held responsible for any outcome. I wish you all the best on your journey of life and thank you for letting me be a part of it! \*Must 18+ year of age for readings.

### **Janelle Magdaleno Qualifications**

I am a certified Psychic, Medium, Reiki Master, Sound Healer, Astrologer, and Diksha practitioner. In 2018, I began training with P.H.D. Anne Reith at the Wellness and Wisdom Center. I graduated from IMPART’s (Institute for Mediumship, Psychic, Astrological, & Reiki Training) Certification Programs for Healers, Psychics, and Mediums and a member of IMPART’s Advance Development Circle. There, I grew quickly and enjoy assisting in Dr. Reith’s Psychic Development & Mediumship classes as a group leader and conducted attunements during Reiki workshops. In 2021, I became a member of the International Association of Reiki Professionals.